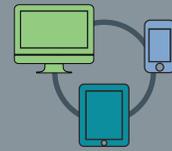




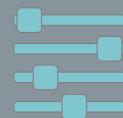
How the ABPMR's Longitudinal Assessment for PM&R (LA-PM&R) Program Works

Convenient Access



Log in to LA-PM&R from your desktop or tablet (some features may not work on your phone's web browser)

Customizability



Increase or decrease the percentage of questions you'll see in core PM&R categories



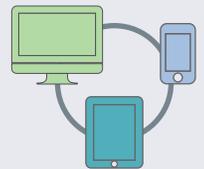
Email/app reminder

ABPMR will alert you that new questions are ready, or remind you to finish your questions for the quarter



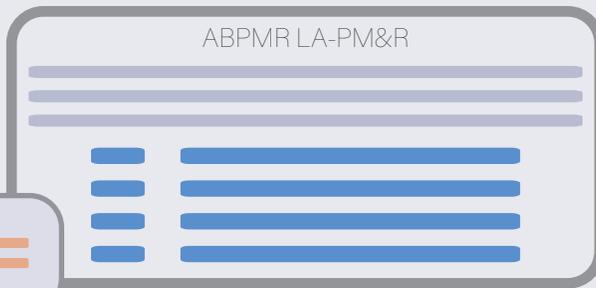
Log in to LA-PM&R and answer questions

First year: 20 multiple-choice questions per quarter. After that: Between 15 and 18 questions depending on performance (higher performance = fewer questions).



Each question will also ask you to enter two responses for administration of clone items:

1. How confident are you in your answer? and
2. How relevant is this question to your practice?



You will have a maximum of **two minutes** to answer each question.



Indication of correct or incorrect + critique

After each question you'll get immediate feedback: LA-PM&R will indicate whether your answer was correct or incorrect, followed by a critique, or written explanation, of why the correct answer is correct.



[If needed]

Second attempt

If initial attempt was incorrect, you will have an opportunity to answer the question again after reading the rationale.



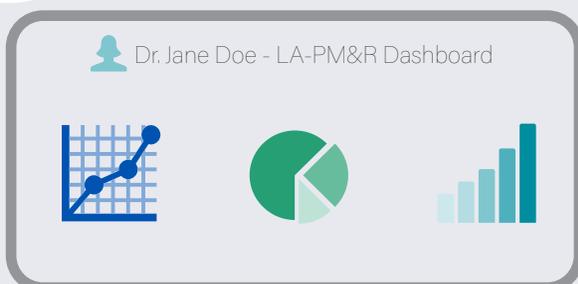
Set your own pace

Answer all of this quarter's questions in one sitting, or spread them out over the quarter -- it's up to you, as long as you finish them before the quarter is over.



Track your progress

At any time, view your progress and performance on your LA-PM&R dashboard; uncover knowledge gaps and make plans to improve.



The following quarter...

back to



plus:

Expect clone items



A key component of longitudinal assessment, you'll see clone items (similar questions testing the same knowledge) in subsequent quarters to reinforce learning.