



# ABPMR Self-Directed PIP Worksheet

*This document is only for draft purposes. When your PIP is complete, use the ABPMR PIP Submission Platform to submit your project to the board.*

 [Click here to complete this PIP](#)

## General Data

Describe, in detail, your role in the project.

Dates of your project.

## Plan: Identify an area in your practice that needs improvement.

What is the problem you are trying to solve?

*What do you want to improve? Look for inefficiencies, annoyances, or safety issues. Consider complex issues, but focus on simple solutions.*

What data (objective measurements) do you have that supports this as a problem?

*Review your records or begin tracking how often the issue is occurring and under what conditions.*

What is your opportunity statement? State the goal you hope to achieve.

*Based on record review or measurement of current performance, determine what kind of improvement you hope to make and set a timeframe to achieve it.*

What is the underlying cause of the performance/quality problem?

*Gather and brainstorm with other physicians and staff on your unit/team. What's causing this issue? How did you determine the cause?*

What Institute of Medicine (IOM) Quality Dimensions will be addressed by your project?

Patient Safety    Equitability in Care    Care Delivery Efficiency    Timeliness in Care    Care Delivery Effectiveness

## Do: Describe the desired outcomes and the requirements needed to achieve them.

What change(s) did you implement?

*You can implement one change, or you can choose to do several at a time. Be specific about the changes you made.*

## Study: Describe the measurements used to assess the success of the plan.

Did you achieve your goal or target reported in your opportunity statement? What data do you have to support your conclusions?

*This is a simple yes or no, and cite the evidence. After the timeframe indicated in your opportunity statement, review your performance. (It's good practice to check-in at least midway through your project, too, to see whether adjustments need to be made.) Did you meet the goal you set?*

## Act: Change(s) to your practice as a result of this project.

Will you continue with the changes you have implemented?

*If you achieved your goal, describe how you will sustain your success, or how it led to new ideas. If you did not achieve your goal, how could you try again with new tactics? What will be your next process change to keep the improvement evolution going?*