



Guided PIP Worksheet

Maximizing Appropriate Opioid Management in a Pain Clinic

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Plan: Identify an area in your practice that needs improvement.

What is the problem you are trying to solve?

Literature suggests that early identification of opioid abuse potential improves the outcome of patients with painful medical conditions. Identify whether your practice uses the Screener and Opioid Assessment for Patients with Pain-Revised (SOAPP-R) or a similar tool, and how often it is used on first visit. Gather your team and discuss causes and priorities.

What data (objective measurements) do you have that supports this as a problem?

Determine which patients should be screened (establish criteria), then do a chart review or start recording what percentage of patients meeting criteria are screened using the SOAPP-R or similar tool.

What is your opportunity statement? State the goal you hope to achieve.

Based on current performance, determine what kind of improvement you hope to achieve and set a timeframe to achieve it. *Example: "In patients who meet criteria, we aim to increase distribution of the SOAPP-R with the initial visit to 90% within 2 weeks."*

What is the underlying cause of the performance/quality problem?

Gather and brainstorm with other physicians and staff on your unit/team. What's causing this issue? How did you determine the cause?

What Institute of Medicine (IOM) Quality Dimensions will be addressed by your project?

Patient Safety | Equitability in Care | Care Delivery Efficiency | Timeliness in Care | Care Delivery Effectiveness

Do: Describe the desired outcomes and the requirements needed to achieve them.

What change(s) did you implement?

You can implement just one change, or you can choose to do several at a time. For increasing distribution of a SOAPP-R, you could:

- Develop a new patient checklist that contains SOAPP-R criteria
- Designate a dedicated MA to review the checklist with each new patient and give patient the SOAPP-R
- Write new prompt for physician whenever an opioid is prescribed – to ensure the tool has been given/SOAPP-R is attached to EHR or prescription pads

Study: Describe the measurements used to assess the success of the plan.

Did you achieve your goal or target reported in your opportunity statement? What data do you have to support your conclusion?

This is a simple yes or no, and cite the evidence. After the timeframe indicated in your opportunity statement, review your performance. (It's good practice to check-in at least midway through your project, too, to see whether adjustments need to be made.) Has the rate of giving new patients the SOAPP-R improved? By how much? Does that meet the goal you set?

Example: Yes, we surpassed our goal. After 1 week, audit revealed 100% of new patients completed the SOAPP-R. The gain was maintained at 2 weeks.

Act: Change(s) to your practice as a result of this project.

Will you continue with the changes you have implemented?

If you achieved your goal, describe how you will sustain your success, or how it led to new ideas. If you did not achieve your goal, how could you try again with new tactics? What will be your next process change to keep the improvement evolution going?

Example: Team discussion determined that both the MA and physician activity contributed to notable improvement. Our next process change will include physician utilization and documentation of the results of the SOAPP-R.